

# Menu Cycle Week – Nutrient Analysis

Generated on: 9/24/2020 12:02:02 PM by Kathleen McCullough

Menu Cycle: Hybrid Week of 10/5/ 2020  
 Week: 1  
 Result: **Fail**

Meal Pattern: [USDA]Meal Pattern SY 2014+  
 Meal Type: Lunch  
 Serving Group: K-5  
 Site Group: All Grades

Cycle Week Nutrient Summary			
Nutrient	Weekly Standard Value	Actual Value	% of Calories
Calories (Kcal)(1)	[550.00 - 650.00]	558.58	
Total Fat (g)		18.53	29.86
Sat Fat (g)(1)	< 10.00 % of Calories	5.41	8.71
Trans Fat (g)(2)		0.00	
Chol (mg)		52.28	
Sodium Target 1 (mg) (13)	< 1,230.00	873.92	
Sodium Target 2 (mg) (13)	< 935.00	873.92	
Carb (g)		71.29	51.05
Total Fiber (g)		6.85	
Total Sugars (g)		37.76(M)	27.04
Added Sugars (g)		1.20(M)	
Protein (g)		26.10	18.69
Iron (mg)		3.69	
Calcium (mg)		464.02	
VitA (IU)		10,558.10	
VitC (mg)		111.62	
VitD (mcg)		0.00(M)	
Potassium (mg)		168.00(M)	
Mois (g)		113.96(M)	
Ash (g)		0.87(M)	

Cycle Week Food Component Summary			
Food Component	Standard Value	Actual Value	% of Total
Fruit	>= 2.500	2.500	
Veg	>= 3.750	[3.875 - 4.125]	
Veg-DG	>= 0.500	0.000	
Veg-RO	>= 0.750	4.125	
Veg-BP	>= 0.500	0.000	
Veg-S	>= 0.500	0.000	
Veg-O	>= 0.500	0.000	
Grains	[8.000 - 9.000]	[14.000 - 16.000](a)	
Non-WGR		0.000	
WGR	>= 50.000 % of	21.000	100.00
Meat/MA	[8.000 - 10.000]	10.000	
MILK-F	>= 5.000	5.000	
Fruit-J	<= 50.000 % of	0.000	0.00
Grain-D	<= 2.000	0.000	
Vegetable-J	<= 50.000 % of	0.000	0.00
MILK-V		Pass	

## Legend

PrimeroEdge will flag based on USDA requirements starting School Year 2019-2020 for WGR and 1% flavored milk, for prior years, please consult your State Agency for that School Year requirements and waiver status.

(M) Indicates missing nutrient values.

1 Standard Value is the daily average requirement for a school week.

2 Trans Fat is provided for informational purposes, not for monitoring purposes.

3 Sodium Target 2 will be marked in orange if exceeded prior to the effective date of July 1, 2024 and does not impact pass/fail compliance prior to that date.

# Menu Cycle Week – Nutrient Analysis

a USDA is offering flexibility by allowing SFAs to exceed the maximum amount of grains and meat/meat meal alternates as long as the daily and weekly minimums for these components are met and the calories are within the required range.

Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
<b>Hybrid 10/5/2020 Day 1 - Day: 1</b>	1500																		
<b>Category: Entrees; May Choose: 1</b>																			
UD 825806-CHIX Nugget, WG (5) 2.0 - LR100211 (5 ea.)	1,500	202.93	10.15	1.90	0.00	44.39	443.90	12.68	1.27	(M)	(M)	16.49	2.28	25.37	126.83	0.00	(M)	(M)	(M)
Whole Grain Breaded Chicken Breast Nuggets - SR109601 (5 pcs.)	0	230.00	9.00	2.00	0.00	43.00	346.00	18.00	0.00	0.00	(M)	19.00	0.90	0.00	0.00	2.40	(M)	(M)	(M)
<b>Category: Grains; May Choose: 1</b>																			
UV Crackers, Goldfish Whole Grain Cheddar Flavor Blasted Hot 'N Spicy .75 oz, Pepperidge Farm, Campbell's Foodservice, 17330, WGR - SR107416 (1 pkg.)	0	100.00	4.00	0.50	0.00	0.00	170.00	14.00	1.00	0.00	(M)	2.00	0.72	20.00	0.00	0.00	(M)	(M)	(M)
<b>Category: Vegetables; May Choose: 1</b>																			
825570-VEG: Carrots, Fresh Baby3/4c - AR1048 (3/4 c.)	1,500	25.00	0.09	0.01	0.00	0.00	55.28	5.84	2.06	3.37	(M)	0.45	0.63	22.68	9773.49	1.84	(M)	(M)	64.03
<b>Category: Fruits; May Choose: 1</b>																			
Red Sliced Apples - 2 oz, Appeeling Fruit - SR109304 (2 ounces)	1,500	30.00	0.00	0.00	0.00	0.00	0.00	8.00	2.00	6.00	(M)	0.00	0.18	0.00	50.00	108.00	(M)	(M)	(M)
<b>Category: Milk; May Choose: 1</b>																			
Strawberry non fat milk - LR100073 (1 Carton)	100	150.00	0.50	0.00	0.00	5.00	110.00	27.00	0.00	24.00	(M)	8.00	0.00	300.00	400.00	2.40	(M)	(M)	(M)
UD CHOC MILK - LR100217 (1 Carton)	100	130.00	0.00	0.00	0.00	5.00	200.00	24.00	0.00	(M)	(M)	8.00	0.36	300.00	500.00	1.20	(M)	(M)	(M)
UD- MILK, 1% White 8oz : 6.1 - LR100226 (1 Carton)	1,300	103.00	2.38	1.54	0.00	12.25	107.80	12.23	0.00	12.00	(M)	8.26	0.07	306.25	480.19	0.00	(M)	(M)	220.30
<b>Category: Condiments; May Choose: 2</b>																			
Ranch Dressing , Kraft, 04050027519200 - SR109725 (1 packet)	2,000	45.00	5.00	0.50	0.00	5.00	110.00	1.00	0.00	1.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
<b>Hybrid 10/5/2020 Day 2 - Day: 2</b>	1500																		
<b>Category: Entrees; May Choose: 1</b>																			
UD CHEESEBURGER - LR100127 (1 ea.)	1,500	331.56	15.28	7.01	0.01	45.48	695.14	27.62	3.67	3.87	(M)	19.48	2.94	134.24	108.69	0.00	(M)	(M)	0.00(M)

# Menu Cycle Week – Nutrient Analysis

Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
<b>Category: Grains; May Choose: 1</b>																			
UV Crackers, Goldfish Whole Grain Cheddar Flavor Blasted Hot 'N Spicy .75 oz, Pepperidge Farm, Campbell's Foodservice, 17330, WGR - SR107416 (1 pkg.)	0	100.00	4.00	0.50	0.00	0.00	170.00	14.00	1.00	0.00	(M)	2.00	0.72	20.00	0.00	0.00	(M)	(M)	(M)
<b>Category: Vegetables; May Choose: 1</b>																			
825570-VEG: Carrots, Fresh Baby3/4c - AR1048 (3/4 c.)	1,500	25.00	0.09	0.01	0.00	0.00	55.28	5.84	2.06	3.37	(M)	0.45	0.63	22.68	9773.49	1.84	(M)	(M)	64.03
<b>Category: Fruits; May Choose: 1</b>																			
Red Sliced Apples - 2 oz, Appeeling Fruit - SR109304 (2 ounces)	1,500	30.00	0.00	0.00	0.00	0.00	0.00	8.00	2.00	6.00	(M)	0.00	0.18	0.00	50.00	108.00	(M)	(M)	(M)
<b>Category: Milk; May Choose: 1</b>																			
Strawberry non fat milk - LR100073 (1 Carton)	1,300	150.00	0.50	0.00	0.00	5.00	110.00	27.00	0.00	24.00	(M)	8.00	0.00	300.00	400.00	2.40	(M)	(M)	(M)
UD CHOC MILK - LR100217 (1 Carton)	100	130.00	0.00	0.00	0.00	5.00	200.00	24.00	0.00	(M)	(M)	8.00	0.36	300.00	500.00	1.20	(M)	(M)	(M)
UD- MILK, 1% White 8oz : 6.1 - LR100226 (1 Carton)	100	103.00	2.38	1.54	0.00	12.25	107.80	12.23	0.00	12.00	(M)	8.26	0.07	306.25	480.19	0.00	(M)	(M)	220.30
<b>Category: Condiments; May Choose: 2</b>																			
Ranch Dressing , Kraft, 04050027519200 - SR109725 (1 packet)	0	45.00	5.00	0.50	0.00	5.00	110.00	1.00	0.00	1.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
UD 825536-COND PC, Ketchup 9g Heinz 1000ct - LR100183 (1 packet)	0	10.00	0.00	0.00	0.00	0.00	85.00	3.00	0.00	(M)	(M)	0.00	0.00	0.00	10.00	0.00	(M)	(M)	(M)
<b>Hybrid 10/5/2020 Day 3 - Day: 3</b>	1500																		
<b>Category: Entrees; May Choose: 1</b>																			
Pizza, Pepperoni, 4", Round Galaxy, IW, 4.51 oz., Tony's, Schwan's, 78367, MMA, WGR, VEG-RO - SR108230 (1 pizza)	1,500	290.00	13.00	6.00	0.00	35.00	490.00	26.00	3.00	5.00	3.00	16.00	1.80	200.00	300.00	0.00	0.00	420.00	(M)
<b>Category: Grains; May Choose: 1</b>																			

# Menu Cycle Week – Nutrient Analysis

Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
UV Crackers, Goldfish Whole Grain Cheddar Flavor Blasted Hot 'N Spicy .75 oz, Pepperidge Farm, Campbell's Foodservice, 17330, WGR - SR107416 (1 pkg.)	0	100.00	4.00	0.50	0.00	0.00	170.00	14.00	1.00	0.00	(M)	2.00	0.72	20.00	0.00	0.00	(M)	(M)	(M)
<b>Category: Vegetables; May Choose: 1</b>																			
825570-VEG: Carrots, Fresh Baby3/4c - AR1048 (3/4 c.)	1,500	25.00	0.09	0.01	0.00	0.00	55.28	5.84	2.06	3.37	(M)	0.45	0.63	22.68	9773.49	1.84	(M)	(M)	64.03
<b>Category: Fruits; May Choose: 1</b>																			
Red Sliced Apples - 2 oz, Appeeling Fruit - SR109304 (2 ounces)	1,500	30.00	0.00	0.00	0.00	0.00	0.00	8.00	2.00	6.00	(M)	0.00	0.18	0.00	50.00	108.00	(M)	(M)	(M)
<b>Category: Milk; May Choose: 1</b>																			
Strawberry non fat milk - LR100073 (1 Carton)	1,300	150.00	0.50	0.00	0.00	5.00	110.00	27.00	0.00	24.00	(M)	8.00	0.00	300.00	400.00	2.40	(M)	(M)	(M)
UD CHOC MILK - LR100217 (1 Carton)	100	130.00	0.00	0.00	0.00	5.00	200.00	24.00	0.00	(M)	(M)	8.00	0.36	300.00	500.00	1.20	(M)	(M)	(M)
UD- MILK, 1% White 8oz : 6.1 - LR100226 (1 Carton)	100	103.00	2.38	1.54	0.00	12.25	107.80	12.23	0.00	12.00	(M)	8.26	0.07	306.25	480.19	0.00	(M)	(M)	220.30
<b>Category: Condiments; May Choose: 2</b>																			
UD 825536-COND PC, Ketchup 9g Heinz 1000ct - LR100183 (1 packet)	0	10.00	0.00	0.00	0.00	0.00	85.00	3.00	0.00	(M)	(M)	0.00	0.00	0.00	10.00	0.00	(M)	(M)	(M)
<b>Hybrid 10/5/2020 Day 4 - Day: 4</b>																			
<b>Category: Entrees; May Choose: 1</b>																			
Pizza, Whole Grain Rich (16 oz) Cheese Pizza - 8 c - SR102916 (1/8 pizza)	0	320.00	15.00	10.00	0.00	45.00	450.00	28.00	3.00	3.00	(M)	19.00	1.80	450.00	750.00	0.00	(M)	(M)	(M)
UD Chicken and Waffles - LR100316 (1 ea.)	1,500	490.00	13.00	2.00	0.00	45.00	770.00	69.00	3.00	25.00	(M)	20.00	5.40	140.00	700.00	0.00	(M)	(M)	(M)
<b>Category: Grains; May Choose: 1</b>																			
UV Crackers, Goldfish Whole Grain Cheddar Flavor Blasted Hot 'N Spicy .75 oz, Pepperidge Farm, Campbell's Foodservice, 17330, WGR - SR107416 (1 pkg.)	0	100.00	4.00	0.50	0.00	0.00	170.00	14.00	1.00	0.00	(M)	2.00	0.72	20.00	0.00	0.00	(M)	(M)	(M)
<b>Category: Vegetables; May Choose: 1</b>																			

# Menu Cycle Week – Nutrient Analysis

Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Moisture (g)
825570-VEG: Carrots, Fresh Baby3/4c - AR1048 (3/4 c.)	1,500	25.00	0.09	0.01	0.00	0.00	55.28	5.84	2.06	3.37	(M)	0.45	0.63	22.68	9773.49	1.84	(M)	(M)	64.03
<b>Category: Fruits; May Choose: 1</b>																			
Red Sliced Apples - 2 oz, Appeeling Fruit - SR109304 (2 ounces)	1,500	30.00	0.00	0.00	0.00	0.00	0.00	8.00	2.00	6.00	(M)	0.00	0.18	0.00	50.00	108.00	(M)	(M)	(M)
<b>Category: Milk; May Choose: 1</b>																			
Strawberry non fat milk - LR100073 (1 Carton)	1,300	150.00	0.50	0.00	0.00	5.00	110.00	27.00	0.00	24.00	(M)	8.00	0.00	300.00	400.00	2.40	(M)	(M)	(M)
UD CHOC MILK - LR100217 (1 Carton)	100	130.00	0.00	0.00	0.00	5.00	200.00	24.00	0.00	(M)	(M)	8.00	0.36	300.00	500.00	1.20	(M)	(M)	(M)
UD- MILK, 1% White 8oz : 6.1 - LR100226 (1 Carton)	100	103.00	2.38	1.54	0.00	12.25	107.80	12.23	0.00	12.00	(M)	8.26	0.07	306.25	480.19	0.00	(M)	(M)	220.30
<b>Category: Condiments; May Choose: 2</b>																			
Ranch Dressing , Kraft, 04050027519200 - SR109725 (1 packet)	0	45.00	5.00	0.50	0.00	5.00	110.00	1.00	0.00	1.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
UD 825536-COND PC, Ketchup 9g Heinz 1000ct - LR100183 (1 packet)	0	10.00	0.00	0.00	0.00	0.00	85.00	3.00	0.00	(M)	(M)	0.00	0.00	0.00	10.00	0.00	(M)	(M)	(M)
<b>Hybrid 10/5/2020 Day 5 - Day: 5</b>	1500																		
<b>Category: Entrees; May Choose: 1</b>																			
Pizza, Pepperoni, 4", Round Galaxy, IW, 4.51 oz., Tony's, Schwan's, 78367, MMA, WGR, VEG-RO - SR108230 (1 pizza)	1,500	290.00	13.00	6.00	0.00	35.00	490.00	26.00	3.00	5.00	3.00	16.00	1.80	200.00	300.00	0.00	0.00	420.00	(M)
UD Chicken and Waffles - LR100316 (1 ea.)	0	490.00	13.00	2.00	0.00	45.00	770.00	69.00	3.00	25.00	(M)	20.00	5.40	140.00	700.00	0.00	(M)	(M)	(M)
<b>Category: Grains; May Choose: 1</b>																			
UV Crackers, Goldfish Whole Grain Cheddar Flavor Blasted Hot 'N Spicy .75 oz, Pepperidge Farm, Campbell's Foodservice, 17330, WGR - SR107416 (1 pkg.)	0	100.00	4.00	0.50	0.00	0.00	170.00	14.00	1.00	0.00	(M)	2.00	0.72	20.00	0.00	0.00	(M)	(M)	(M)
<b>Category: Vegetables; May Choose: 1</b>																			
825570-VEG: Carrots, Fresh Baby3/4c - AR1048 (3/4 c.)	1,500	25.00	0.09	0.01	0.00	0.00	55.28	5.84	2.06	3.37	(M)	0.45	0.63	22.68	9773.49	1.84	(M)	(M)	64.03
<b>Category: Fruits; May Choose: 1</b>																			

# Menu Cycle Week – Nutrient Analysis

Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Moisture (g)
Red Sliced Apples - 2 oz, Appeeling Fruit - SR109304 (2 ounces)	1,500	30.00	0.00	0.00	0.00	0.00	0.00	8.00	2.00	6.00	(M)	0.00	0.18	0.00	50.00	108.00	(M)	(M)	(M)
<b>Category: Milk; May Choose: 1</b>																			
Strawberry non fat milk - LR100073 (1 Carton)	1,300	150.00	0.50	0.00	0.00	5.00	110.00	27.00	0.00	24.00	(M)	8.00	0.00	300.00	400.00	2.40	(M)	(M)	(M)
UD CHOC MILK - LR100217 (1 Carton)	100	130.00	0.00	0.00	0.00	5.00	200.00	24.00	0.00	(M)	(M)	8.00	0.36	300.00	500.00	1.20	(M)	(M)	(M)
UD- MILK, 1% White 8oz : 6.1 - LR100226 (1 Carton)	100	103.00	2.38	1.54	0.00	12.25	107.80	12.23	0.00	12.00	(M)	8.26	0.07	306.25	480.19	0.00	(M)	(M)	220.30
<b>Category: Condiments; May Choose: 2</b>																			
Ranch Dressing , Kraft, 04050027519200 - SR109725 (1 packet)	5,000	45.00	5.00	0.50	0.00	5.00	110.00	1.00	0.00	1.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
UD 825536-COND PC, Ketchup 9g Heinz 1000ct - LR100183 (1 packet)	2,000	10.00	0.00	0.00	0.00	0.00	85.00	3.00	0.00	(M)	(M)	0.00	0.00	0.00	10.00	0.00	(M)	(M)	(M)